



St. Louis Catholic Church

53 Allen Street East, Waterloo ON N2J 1J3 Tel: 519-743-4101
Email: stlouiswaterloo@hamiltondiocese.com Web site: www.saintlouisparish.ca
Served by the Congregation of the Resurrection since 1890.

Office hours: Monday – Thursday 9 - 12 and 1- 4 p.m.
Summer hours (Canada Day to Labour Day): Mon. - Thurs. 9 a.m. to 1 p.m.

Weekday Masses:
Tuesday – Friday 9:00 a.m.
*Rosary: Tuesday to Friday
before 9:00 a.m. Mass*

Sunday Masses:
Saturday: 5:00 p.m.
Sunday: 9:30 a.m.
11:30 a.m.



Pastoral Team:

Pastor
Father Phil Reilly, C.R.
preilly@hamiltondiocese.com

**Coordinator of Youth and
Children's Ministries**
Kelly Krause
kkrause@hamiltondiocese.com

Parish Secretary
Anna Malton
stlouiswaterloo@hamiltondiocese.com

Custodian
Doug Lichty

Welcome new members - Whether you are just passing through the area or looking for a spiritual home, we welcome you to St. Louis Catholic Church. We hope you will find our worship environment hospitable and prayerful. People often attend Mass at a parish for months or years without officially registering. Registration here at St. Louis is an expression of your commitment to being an active member of our community. Parish registration simplifies the process with regard to sponsoring a sacramental candidate; obtaining pastoral references and for preparation of baptisms, weddings and funerals. Registration is easy and can be completed at the Parish Office during regular office hours. Registration forms are available at the back of the Church.

Parish Records - Our parish records are very important. We try to keep them up to date. Please advise the office of any changes.

Music in the Liturgy - Music plays an integral role in the liturgical life of the parish.

Our music directors are: 5:00 p.m. & 9:30 a.m. - Bob Reinhart (robertreinhart182@msn.com)
11:30 a.m. - Donna McLellan (donna-ipad@hotmail.com)

Sunday programs for children - During the Sunday morning 9:30 a.m. Mass there is babysitting for children under 3 years of age, Sunday School for 3 to 6 years of age and Children's Liturgy of the Word for children ages 7 and up.

Sacramental Life - St. Louis Parish celebrates the sacraments for its members who are registered and regularly attending. If you are not registered you are automatically a member of a parish closest to you.

Baptism - Please speak with a priest after Mass on Sunday.

Sacrament of Reconciliation - Saturdays 4 - 4:30 p.m., or by appointment.

Marriage - For registered and supporting members, please contact the parish office at least one year in advance of your date.

Becoming Catholic - Rite of Christian Initiation of Adults, preparing adults for baptism and/or to join the community. Please contact the office for further information.

Anointing and Pastoral Care - Our parish community cares about the sick and elderly and the lonely. Please notify the parish office to arrange for them to receive the Anointing of the Sick, or to have the Holy Communion brought to them.

Pastoral Care to those in Hospital - A family member is asked to contact the parish whenever a parishioner is in hospital and requests a pastoral visit, or Sacrament of the Sick (Anointing).

Priesthood and Religious Life - Is God calling you to religious life, as a Brother, Deacon or Priest? If so, please contact the Vocation Director for the Congregation of the Resurrection, at resurrectionistvocation@gmail.com or www.resurrectionists.ca

Diocesan Newsletter - For information about Activities and Events of interest in the Diocese of Hamilton, subscribe to the online Diocesan Newsletter at www.hamiltondiocese.com

Parish Organizations and Contacts:

Altar Servers Coordinator
Dave Pagett, 519-744-7705

Catechesis of The Good Shepherd,
Kelly Krause, 519-743-4101

Finance Council
Terry Collins, 519-741-1534

Grounds & Gardens
Peter Brill, 519-886-5266

Catholic Women's League
Gloria Montserin, 519-743-7074
stlouiswaterloo@gmail.com

Knights of Columbus - Waterloo
Council 5135 - 519-884-2060

OOTC Community Suppers
John Pendergast, 519-574-3384 &
Debbie Delattre

St. Vincent de Paul
For assistance or information
call 519-743-4101

Ministry to the Elderly & Homebound
Cecilia Beechey, 519-572-5435

Prayer Shawl Ministry
Sandra Williams, 519-742-9239

Prayer Chain
Sharon Carey, 519-746-8073

Parish Webmaster
Daniel Delattre,
daniel@uwaterloo.ca



MASS INTENTIONS & EVENTS

Monday, March 30 – No Mass

9 AM – NOON	Pickle Ball	Gym
5:30 PM	Good Shepherd Catechesis	Nursery
7:30 PM	Bible Study (20/20)	L. Hall

Tuesday, March 31

9:00 AM	† Deceased Members of Estrada Family – Estrada Family	
9:30 AM	Book Club	L. Hall
12:15 - 1 PM	Fit Club	Gym

Wednesday, April 1

9:00 AM	Intentions of Ronald Ayoung-Chee – Amanda Ayoung-Chee	
9 AM – NOON	Pickle Ball	Gym

Thursday, April 2 – Holy Thursday

7:00 PM	Mass of the Lord's Supper	
12:15 - 1 PM	Fit Club	Gym

Friday, April 3 – Good Friday

10:00 AM	Good Friday Service for Families	
3:00 PM	Good Friday Service	

Saturday, April 4 - Holy Saturday

Vigil of Easter

8:30 PM	For People of St. Louis Parish	
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Sunday, April 5 – Easter Sunday

9:30 AM	For the Congregation of the Resurrection	
10:30 AM	Coffee Time	L. Hall
11:30 AM	For those Baptized and Received into the Church this Easter in Our Diocese	
5 PM	OOTC Community Supper	Gym

Remaining confession times in KW this Lent

Wed. April 1 – St. Michael, Wat. from 8 AM to 8 PM
 – St. Agnes, Wat. from 5 - 8 PM.

Examination of Conscience

- Do I place God as top priority?
- Do I set time aside to be conscious of the presence of God in my life?
- Do I actively seek spiritual growth by prayer and good works?
- Have I allowed the Gospel to influence my life?
- Do I show respect for God's name? Do I use language appropriately?
- Do I worship God? By going to Mass, praying, spiritual reading?
- Do I respect those in authority over me? Parents, teachers, bosses
- Have I been violent in word or deed? Bullied, shouted, pushed.
- Have I held grudges, or been resentful?
- Do I take care of my health? Eat, drink and sleep appropriately
- Have I been respectful of God's gift of sexuality to me?
- Do I read, or watch, or think about inappropriate things?
- Do I respect others' property? Have I stolen? Vandalized,
- Have I been generous, or selfish?
- Do I contribute according to my gifts and talents?
- Am I a good steward of God's gifts to me?
- Do I tell the truth? Am I honest with God and with myself?
- Do I pass on rumors, spread gossip?
- Am I satisfied and thankful for God's gifts to me?
- Am I envious or jealous of others? Do I pray for my enemies?
- Have I taken any action to redress a wrong or an injustice?
- Have I been thankful to God? For strengths and weaknesses?



Giotto, "The Entry into Jerusalem," ca. 1305 (photo: Public Domain)

Holy Week Services at St. Louis

- April 2 - Holy Thursday: Mass of the Lord's Supper: 7 PM
- April 3 - Good Friday Services: 10 AM (FAMILY) & 3 PM
- April 4 - Easter Vigil (Holy Saturday): 8:30 PM
- April 5 - Easter Sunday Masses: 9:30 AM & 11:30 AM



Palm Sunday is the final Sunday of Lent, the beginning of Holy Week, and commemorates the triumphant arrival of Christ in Jerusalem, days before He was crucified.

In the Gospels, Jesus entered Jerusalem riding a young donkey, and to the lavish praise of the townspeople who threw clothes, or palms, in front of Him as a sign of homage. This was a customary practice for people of great respect. Palm branches are widely recognized symbol of peace and victory, hence their preferred use on Palm Sunday. The use of a donkey instead of a horse is highly symbolic, it represents the humble arrival of someone in peace, as opposed to arriving on a steed in war.

During Palm Sunday Mass, palms are distributed to parishioners who carry them in a ritual procession into church. The palms are blessed and kept for the year. Because the palms are blessed, they may not be discarded as trash. Instead, they are gathered at the church and burned to create the ashes for the next year's Ash Wednesday. (From Catholic Online catholic.org.)



Holy Thursday is the commemoration of the Last Supper of Jesus Christ, when He established the sacrament of Holy Eucharist prior to His arrest and crucifixion. It also commemorates His institution of the priesthood. Jesus celebrated the supper as a Passover feast. Christ would fulfill His role as the victim of the Passover for all to be saved by His final sacrifice.

The central observance of Holy Thursday is the ritual re-enactment of the Last Supper at Mass. This event is celebrated at every Mass, as part of the Liturgy of the Eucharist, but it is specially commemorated on Holy Thursday. During the Mass, Catholics rightly believe, as an article of faith, that the unleavened bread and wine become the Body and Blood of Jesus Christ through transubstantiation. He also establishes the special priesthood for His disciples, which is distinct from the "priesthood of all believers." Christ washed the feet of His disciples, who would become the first priests.

On the night of Holy Thursday, Eucharistic Adoration of the Blessed Sacrament takes place where the faithful remain in the presence of the Eucharist just as the disciples kept a vigil with Christ. No Mass will be celebrated again in the Church until the Easter Vigil proclaims the Resurrection. (From Catholic Online catholic.org.)



Good Friday is the day for fasting and commemoration of the crucifixion of Jesus Christ. According to the gospels, Jesus was betrayed by Judas on the night of the Last Supper. The morning following Christ's arrest, He was brought before Annas, a powerful Jewish cleric. Annas condemned Jesus for blasphemy for refusing to repudiate Annas' words that He was the Son of God. From there, Jesus was sent to Pontius Pilate, the Roman governor of the province. Pontius Pilate questioned Jesus but found no



LENT
 Pray + Fast + Give

Bishop Barron Word on Fire Lenten Reflections can be reached via this QR code or the link below:

<https://www.wordonfire.org/reflections/>

PALM SUNDAY OF THE PASSION OF THE LORD

reason to condemn Him. Instead, he suggested Jewish leaders deal with Jesus according to their own law. But under Roman law, they could not execute Jesus, so they appealed to Pilate to issue the order to kill Jesus.

Pilate appealed to King Herod, who found no guilt in Jesus and sent Him back to Pilate. Pilate declared Jesus to be innocent, and washed his hands to show that he wanted nothing to do with Jesus, but the crowds were enraged. To prevent a riot and to protect his station, Pilate reluctantly agreed to execute Jesus and sentenced Him to crucifixion. Jesus was convicted of proclaiming Himself to be the King of the Jews.

Before His execution, Jesus was flogged, which was a customary practice intended to weaken a victim before crucifixion. Crucifixion was an especially painful method of execution and was perfected by the Romans as such. It was reserved for the worst criminals, and generally Roman citizens, women, and soldiers were exempt in most cases.

During His flogging, the soldiers tormented Jesus, crowning Him with thorns and ridicule. Then, Jesus was compelled to carry His cross to the place of His execution, at Calvary. During His walk to the site of His execution, Jesus fell three times and the Roman guards randomly selected Simon, a Cyrene, to help Jesus.

At Calvary, Jesus was nailed to the cross and crucified between two thieves. One of the thieves repented of his sins and accepted Christ. A sign, was posted above Christ to indicate His supposed crime. It read, "Jesus of Nazareth, King of the Jews." It is commonly abbreviated in Latin as "INRI" (*Jesus Nazarenus, Rex Iudaeorum*).

During Christ's last few hours on the cross, darkness fell over the whole land. Jesus was given a sponge with sour wine mixed with gall, a weak, bitter painkiller often given to crucified victims.

Prior to death, Jesus spoke His last words, "My God, my God, why have you forsaken me?" This line is the opening of Psalm 22, and it may have been common practice to recite lines of songs to deliver a greater message. Properly understood, the last words of Christ were triumphant. Guards then lanced Jesus' side to ensure He was dead.

At the moment of Christ's death, an earthquake occurred, powerful enough to open tombs. The long, thick curtain at the Temple was torn from top to bottom. The body of Christ was removed from the cross and laid in a donated tomb, buried according to custom.

The Veneration of the Cross: In the 7th century, the Church in Rome adopted the practice of Adoration of the Cross from the Church in Jerusalem, where a fragment of wood believed to be the Lord's cross had been venerated every year on Good Friday since the 4th century. According to tradition, a part of the Holy Cross was discovered by the mother of the emperor Constantine, St. Helen, on a pilgrimage to Jerusalem in AD 326. In veneration of an image, or representation of Christ's cross we are actually adoring what it represents. We are paying the highest honour to our Lord's actual Cross as the instrument of our salvation and because the Cross is inseparable from His sacrifice, in reverencing His Cross we are adoring Christ. *'We adore Thee, O Christ, and we bless Thee because by Thy Holy Cross Thou has Redeemed the World.'* (From Catholic Online catholic.org.)

Easter Egg Hunt for children ages 10 and under, on Easter Sunday after both Masses.



Senior Information Fair on Sat., April 18, drop-in from 1 to 4 PM at St. Louis Gym, 77 Willow St., (a barrier-free environment). Meet over 30 professionals from many areas impacting seniors' lives to ask questions about what is available to help. Admission & refreshments free. Sponsored by St. Louis Ministry to the Elderly and St. Louis CWL. For info. email StLouisSeniorFair@outlook.com or Cecilia, 519-572-5435



Our next General Meeting will take place on Wed., April 8th beginning with Mass at 7 PM. Our guest speaker will be from the May Court Club. This club has been helping women and children in need since 1898. Items from their consignment shop will be available for purchase (cash, debit, credit accepted) with 100% of the proceeds donated back to the community. Join us for an informative and fun night. ALL ladies 16 years of age and older are welcome to our General Meetings.



Holy Land Collection on Good Friday, April 3rd – The Good Friday Collection helps to maintain the Church of the Holy Land by providing educational, pastoral, and social support of Catholic youth and families committed to living their faith in the land where Christ lived, and by maintaining the Holy Sites that are so important to the faith of Christians everywhere. At the request of the Holy See, this Pontifical Collection will be taken during the Good Friday celebration on April 3. Those who are unable to attend the service, or who prefer to contribute online, may use CC, Interac, or Canadahelps, accessible at: commissariat.ca, in the "Support Us" link. Fr. Robert Mokry, o.f.m Commissary of the Holy Land in Canada



St. Louis Society of St. Vincent de Paul **Holy Thursday Food Drive:** It has been a tradition of St. Louis Parish to remember the Last Supper of Our Lord, with gifts of food. This year, we are asking for donations of peanut butter, jam, canned tuna or Kraft Dinner which will be delivered to the Food Bank of Waterloo Region. Place donations in front of the Holy Family Altar at Holy Thursday Mass. Thank you and God bless.



VBS Camp registration is now open: July 20 – 24, 2026 for children ages 5 to 11. Ages 12 and up are welcome as Teen Leaders. Mornings – "Circus of Stars: Spotlight on the Father". Afternoons – Lego Robotics. Filling up fast.



DISCOVER GOD'S PLAN AS IT IS EXPRESSED THROUGH THE BIBLE AND THE MASS

The Eucharist in the Scripture, a short, 3 session long Bible Study presented by Scott Hahn from St. Paul Center for Biblical Theology. Presented on Sundays April 12, 19 & 26 from 12:30 to 1:45 PM with lunch, or Mondays, April 13, 20 & 27 from 7:30 to 9 PM with refreshments. Come to any session that is convenient. *The Eucharist in Scripture* examines the biblical foundations of the Eucharist and explores the Church's liturgy as the original context for the books of the Bible. See more details on parish website. No fee & no prep required. Contact parish office at stlouiswaterloo@hamiltondiocese.com or 519-743-4101 for more info. or to register.

Help Not Harm: Take Action to Support Bill C-218 Write your Member of Parliament Today! Visit HelpNotHarmCanada.ca where you can e-mail your Member of Parliament (MP), asking for their support of Bill C-218 (The Right to Recover Act), which would amend the Criminal Code to prevent Medical Assistance in Dying (MAiD) from being provided when mental illness is the sole underlying condition. Without this change, MAiD will be available for those suffering from mental illness alone beginning in March 2027. Chances are you know someone struggling with mental illness. As Catholics and Canadians, we are called to offer care, hope, & protection, not death, to those who are suffering and most vulnerable.



Donations on-line: Via diocesan website: hamiltondiocese.com/ways-to-give select "Online to a Parish" & "St. Louis Waterloo". Via Canada Helps canadahelps.org/en/ (search for "St. Louis Waterloo" or use this QR code)

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